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# Dental Sleep Medicine Basics: The Clinical Guide To Treating Obstructive Sleep Apnea



## Synopsis

Advance your dental practice by tapping into the booming field of oral appliances for the treatment of sleep apnea. *Dental Sleep Medicine Basics* is the first and only book teaching the step by step clinical aspects of Dental Sleep Medicine. This book highlights the background of sleep apnea and the role of a dentist in treating it. It is organized in the step by step fashion that facilitates efficiency and thoroughness allowing a dentist to not only help patients with sleep apnea, but also get paid for it. The use of illustrations and descriptions will help to understand each step. Mark Collins DDS, DABDSM a seasoned dentist in dental sleep medicine presents the clinical guide to treat obstructive sleep apnea, including:

- Background on sleep apnea and current treatments available
- How to screen patients for obstructive sleep apnea
- The thorough and proper comprehensive examination
- An understanding of appliance choices
- Proper bite and appliance impressions
- Potential complications and corrections
- Templates and sample forms for your practice
- Guidance on medical billing, including Medicare

Sleep apnea plagues millions of Americans, keeping them and their families from getting adequate rest, often for years (even decades) at a time. With only a few viable treatments available, most sleep apnea sufferers feel they have little recourse. Where surgery and apnea masks fail, dental sleep medicine and oral appliances may succeed. Containing illustrative pictures and thorough explanations, *Dental Sleep Medicine Basics* is a step-by-step guide to help get your clinical treatment of the disorder off the ground and start treating the millions of sufferers who need your help today. This is a comprehensive clinical guide with everything you need to treat obstructive sleep apnea. Dr. Mark Collins DDS, DABDSM a private practice dentist that has taught hundreds of dentists dental sleep medicine, published articles on dental sleep medicine, served on the credentialing committee with the AADSM, was the first facility accredited by the AADSM in the state of Arizona, and designed dental sleep management software.

## Book Information

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## Customer Reviews

This was the book I have SO needed. It is written by an amazing "wet fingered" dentist. It has good information and is a step by step guide to treating sleep patients. If I ever meet Dr. Collins I am giving him a big hug and a huge thank you. My mother has OSA and I decided I wanted to treat patients. I have taken courses in the past but they were just didactic classes. This book is literally walks you through each step of the processes in treating sleep. GREAT GREAT GREAT Book! I bought two books, one for me and one for my partner. I ended up buying 3 more books so my team members can read the book and give it to the next team member. BUY this book.

Great book!! I've been looking for a resource to get the basics in sleep dentistry to see if it's something I want to pursue for my practice. Lots of practical info that can easily be implemented.

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